

Learning Disability (LD) Respite Review

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Rational For Change

There is a need to understand the respite provision for Bury residence especially for those with complex health needs including LD Cohort.

Potential for patients and families to go into crisis if suitable respite is not in place at the right time to meet needs.

Need to ensure current resources are utilised most efficient way additional pressure on existing universal health & wellbeing services.

The cost of spot purchasing could be significantly higher than what is currently commissioned.

The current usage is not equitable for all Bury residents requiring respite care.

Background

Commissioning of LD respite/short breaks are undertaken separately by LA and CCG.

There is a lack of shared detailed knowledge across the LA and CCG of the needs of the Learning Disability cohort

There is no single point of access to respite and short breaks in the borough.

The CCG is funding Cambeck, although some of the clients do not have complex health needs/meet the criteria for access.

In the current review (2019/20) some clients are using the service for 48 nights in the year rather than the commissioned 28 nights per person.

Some of the existing clients have been using the service over a very long period of time (20 years +) and now have elderly parents, therefore If they are no longer to use Cambeck, they will require alternative support.

Work undertaken

Work underway to understand the actual needs of individuals accessing Cambeck Close, for both adults and children.

Reviews of existing clients are being undertaken by Children and Adult Social Workers, GPs and continuing Health Care representatives, to understand the needs of its customers.

A mapping of services commissioned by the Local Authority for respite breaks is underway, for both adults and children.

Other models of respite being delivered across Greater Manchester and Nationally are Being reviewed to ensure that opportunities regarding efficiency, good practice and innovation are taken into account.

Reviews undertaken

view of current LD cohort based at Cambeck Close was undertaken to ascertain:

Which agencies customers are known by

Overall support plan costs

How many nights respite at Cambeck is accessed and the associated cost

The risk if Cambeck was not part of the customer package

Professional judgement as to whether any element of double funding is in place or over prescription of service to meet need

Any alternative options we may be able to offer, (Shared Lives/PA's etc)

Review Themes

Emerging themes from Childrens' reviews:

Administration of medication, monitoring of equipment, to preventing harm by child's actions i.e. removing gastro tube. Require turning to avoid bed sores.

Some linked with night disturbance, most are impact of managing the behaviour constantly on the rest of the household.

Parent health need compromises their ability to meet caring responsibilities usually physical needs of the child.

Mixture of disturbed sleep and become active and require supervision and restless behaviour and require comforting

Monitoring, disturbed sleep. Need of recovery medication, Emergency intervention.

The impact of the disabled child on siblings being able to "enjoy" family life – none disturbed nights.



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Review Themes

Reviews for adults is still being undertaken. Some of the emerging themes:

'Shared Lives' and 'Home for Home' services would be a potential alternative option as this enables the adult or child to remain in a home environment with consistent carers.

Further work is underway to identify specific needs of the group of people who currently use Cambeck Close for respite purposes.

Identify opportunities for exploring alternative options that may provide more of a quality of life experience for the customers, whilst meeting the need for the main carer to take a break.

Finalise the work regarding LA costs and number of clients receiving respite/shorts breaks;

Define a menu of options for respite care, with financial implications.

Engagement with service users to understand if the current provision is meeting needs and if an alternative is a viable option



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Outcome

The review has highlighted:

There are potential gaps in respite provision.

Not all clients have health needs that requires bed based respite

Individual needs are multifaceted and require different levels of respite.

Availability of choice needs to improve

There is potential duplication of provision (bed based respite as well as traditional day care)

National and local policies need to reflect future respite model in Bury

Next Steps

Next steps:

Complete review of Cambeck Service User to identify suitable alternative respite provision.

Engagement with service Users to offer alternative respite.

Options paper with recommended options for CCG commissioned respite provision to be taken through Governance process April/May 2020.

Develop the services that are available currently and widen the availability of new and personalised options for people as part of new model of respite for Bury.

Market analysis and procurement options

Develop implementation plan September 2020